



Pinwheels for Prevention

Pinwheels represent the happy, loving childhood all children deserve.



The Benefits of Coloring ~ for children AND adults!

- Stress and anxiety levels can be lowered
- Negative thoughts are replaced with positive ones
- Focusing on the present helps you become mindful
- Unplugging from technology is good for you
- Your brain feels relief and enters a meditative state
- Coloring can be done by anyone, not just artists or creative types
- It's a hobby that can be taken with you wherever you go

Supporting and strengthening families means safe and healthy children.



Amador Child Abuse Prevention Council

