Knitting for a Cause!



Create as many hats as you'd like in any shade of soft, **PURPLE**, baby-friendly yarn; mixing in white or blue or other colors is encouraged, as long as purple is included.

Knitted or crocheted caps will be given to babies in Amador County to help educate parents about the "period of purple crying," a normal but frustrating period of increased crying all infants experience in the first few months after birth. The Period of PURPLE Crying program teaches parents how to cope with this crying and the dangers of reacting to frustration with a baby's crying by shaking or otherwise harming them.

www.purplecrying.info

You can drop off caps at the Child Abuse Prevention Council office.

